



### **Menu with wheat and gluten information**

Please let a team member know if you have any dietary requirements or allergies.\*

## **STARTERS**

- Soup of the Day** warm focaccia, butter. (v/vgo) £7.00 - *Contains wheat. Non-gluten option.*
- Fresh West Country Mussels** fennel, cider and dill cream. £9.00 - *Contains wheat. Non-gluten option.*
- Nachos Sharer** salsa, guacamole and sour cream. (v) £11.00 - *Contains wheat.*
- Nachos Sharer + Braised Chipotle Beef Brisket** £14.00 - *Contains wheat.*
- Houmous and Flatbread** grilled flatbread with houmous, olive and sun blushed tomato salad. (v) £7.00 - *Contains wheat. Non-gluten option.*
- Deep-Fried Cornish Camembert** chilli jam, crostini. £8.00 - *Contains wheat.*
- Crispy Calamari** Asian slaw, lime and coriander mayo. £8.50 - *Contains wheat.*

## **MAINS**

- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50 - *Contains wheat. Non-gluten option.*
- Beef Burger Deluxe** 6oz beef burger, lettuce, tomato, gherkins, bacon and onion jam, Applewood cheese, thyme gravy dip, skin-on fries. £14.50 - *Contains wheat. Non-gluten option.*
- Baked Spiced Aubergine** jewelled couscous and salsa verde. (vg) £14.00 - *Contains wheat.*
- 10oz Rib-Eye Steak** Tribute ale and mustard seed garlic butter, rocket and Parmesan salad, fries. £24.00 - *Contains wheat. Non-gluten option.*
- Smoked Haddock and Mussel Chowder** poached egg, ciabatta. £13.00 - *Contains wheat.*
- Tribute Ale Sausage Ring** wholegrain mustard mash, greens, onion gravy. £12.00 - *Contains wheat.*
- Golden Wholetail Scampi** fries, garden peas, tartare sauce. £14.00 - *Contains wheat.*
- Honey Glazed Pork Belly** potato rosti, kale, charred squash, apple caramel. £16.00 - *Non-gluten ingredients.*
- Goan Vegetarian Curry** coriander flatbread, steamed rice. (vg) £14.00 - *Contains wheat.*

## **DESSERTS**

- Sticky Toffee Pudding** rich toffee sauce, salted caramel ice cream. (v) £6.00 - *Contains wheat.*
- Triple Chocolate Brownie** raspberry coulis, Cornish clotted cream. £6.00 - *Non-gluten ingredients.*
- Winter Berry Mess** meringue shards, Chantilly cream, winter fruits, chocolate sauce. £6.00 - *Non-gluten ingredients.*
- Ice Cream and Sorbets** topped with Cornish fudge. Please ask for today's flavours. (v) £2.00 per scoop - *Contains wheat.*
- Cornish Sea Salt Chocolate Truffle Torte** spiced ginger base, clotted cream, fruit coulis. £6.00 - *Contains wheat.*

## **SANDWICHES AND WRAPS**

Available from 12-5pm. Served with salad garnish and crisps.

- Atlantic Prawns** seafood sauce, crisp lettuce. £8.00 - *Contains wheat. Non-gluten option.*
- Southern Fried Chicken Wrap** crisp lettuce, cheese slice, mayo. £7.50 - *Contains wheat.*
- Beetroot Falafel** citrus houmous, crisp lettuce, tomato. (vg) £7.50 - *Contains wheat. Non-gluten option.*

## **SIDES**

- Skin-On Fries (vg) £3.50 / Cheesy Fries £5.00 / Mixed Leaf & Herb Salad (vg) £3.50 / Seasonal Vegetables (vg) £3.50 - *All non-gluten ingredients.*
- Ciabatta Garlic Bread (v) £3.50 - *Contains wheat.*

Invisible Chips - 0% Fat, 100% Hospitality £2.00\*\*

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.  
\*Information about all other allergens is recorded and available upon request.  
Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

\*\*All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit [hospitalityaction.org.uk](https://hospitalityaction.org.uk) for more details.